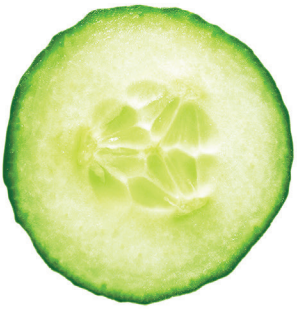
NEOLIFE®

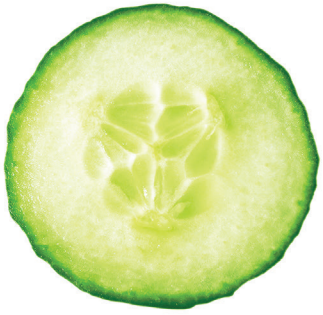
HEALTHY BODY

DETOX

Cleanse · Balance · Energise

NeoLife Scientific Advisory Board







Top 5 Reasons to Detox

1 REMOVE TOXINS FROM THE BODY

Recent scientific studies have revealed that approximately 90 to 95% of cancers stem from environment and lifestyle. Every day we are exposed to toxins including cancer-causing chemicals, preservatives, heavy metals and other environmental pollutants. Don't you think you owe it to yourself to purify your body?

2 HEALTHY IMMUNE FUNCTION

Gut health is connected to functions in the body like our immune and nervous systems, hormones, mood, weight, brain, energy and heart. The health of our gut is greatly influenced by the microflora present in our gastrointestinal tract, which can be improved through detoxification followed by probiotic supplementation.

3 JUMP START A WEIGHT LOSS PROGRAM

Fat cells are notorious for storing toxins, which can also affect the body's ability to burn fat efficiently. Detoxing is a great way to jumpstart a new or ongoing weight loss program.

4 SLOW PREMATURE AGING

Free radicals and heavy metals can accelerate the aging process. Detoxing helps increase the body's ability to use nutrients more efficiently and thereby use antioxidants from our diet to combat oxidative stress from free radicals.

5 INCREASE ENERGY

Removing toxins from the body helps bring its systems back in balance and you feel your energetic best!

NeoLife Supplements Overview

NEO-CLEANSE

Gentle, natural laxative for occasional irregularity. Encourages a mild cleansing action to aid the body's natural processes.



Proprietary formula of eight complementary herbs:

- Senna to support proper elimination
- Licorice to promote liver health and blood cleansing
- Buckthorn to support kidney function
- Prune, alfalfa*, rhubarb, asparagus and anise to encourage stool softening and regularity

 # 644 – 150 tablets



**Alfalfa in New Zealand product only*

BETAGARD

Defend yourself against environmental toxins.



Your first line of nutritional defence against damaging free radicals from pollution, exhaust fumes, chemicals, smog and other environmental toxins

- Proprietary formulation of carefully selected vitamins, minerals and carotenoids that strengthen the body's natural ability to detoxify and neutralise harmful agents that negatively impact health
- Exclusive amino acid chelation supports improved absorption of beneficial minerals

 # 625 – 90 tablets



GARLIC ALLIUM COMPLEX

All the heart health benefits of garlic at clinically significant levels in our exclusive formula.



Natural antimicrobial properties

- 4,200 mcg of allicin from pure garlic extract in each serving, with bioactive compounds from onions, chives and leeks
- Exclusive Targeted Delivery Technology takes garlic's active allicin directly to your intestine, eliminating aftertaste and maximising absorption
- Helps retain normal cholesterol and blood pressure levels
- Supports healthy circulation and promotes healthy blood clotting
- Special, no-odour formula minimises garlic breath

 # 649 – 60 tablets



ACIDOPHILUS PLUS

Regulate intestinal activity, promote colon health and support immunity with a healthy balance of intestinal flora.



Intestine-targeted probiotics

- Proprietary blend of five types of clinically proven probiotics: *Lactobacillus acidophilus*, *Lactobacillus bulgaricus*, *Lactobacillus casei*, *Bifidobacterium bifidum* and *Streptococcus thermophilus*
- Five billion 'live' microorganisms per capsule – the same as in 10 servings of yoghurt, and the convenience of once a day serving
- Isolated from cultured dairy foods, so you can get the benefits without the extra calories from these foods
- Exclusive 'Gel-Gard' Enteric Protection System guarantees delivery by protecting against harsh stomach acid and ensuring that maximum numbers of live bacteria are delivered in the intestine

 # 646 – 60 capsules



NEOLIFETEA

Promote instant energy, fat burning and efficient metabolism.



- Exclusive Energy Blend ingredients promote instant energy, fat burning and efficient metabolism
- Herbal Blend enhances mental alertness and well-being

#693 – 30 servings, 15 sticks

FOR EXTRA ENERGY DURING ***YOUR DETOX***

Always read the label. Use only as directed.

3 Day Detox† Instructions

A simple formula to Cleanse & Energise – **The Healthy Way!**

Measure Your Results



Record starting measurements

	Weight		Hips
	Waist		Bicep
	Chest		Thigh

Take a before photo
(front & side view)

You are about to experience the body transforming results of the NeoLife Detox.

If you are using the detox to jump start a weight loss program, taking measurements before your detox will help you measure results and show them off to your friends and family.

Day 1 & 2: Cleanse

Fruit & Veggie Fast

AM

(2) Neo-Cleanse

(1) Garlic Allium Complex

(3) Betagard

PM

(2) Neo-Cleanse

(1) Garlic Allium Complex

- **Drink 355-480 mls of liquids every 2 hours.** NeoLifeTea is recommended at least once daily for energy. No commercial fruit juices or dairy.
- Eat only fresh fruits and vegetables (raw or lightly steamed). No bananas.



Day 3: Balance & Energise

AM

(1) Acidophilus Plus

(3) Betagard

PM

(1) Acidophilus Plus

- **Drink 355-480 mls of liquids every 2 hours.** NeoLifeTea is recommended at least once daily for energy.
- Add high quality protein to your diet, such as NeoLifeShake.
- For dinner eat a healthy, low-fat, high protein meal, for example, a grilled salmon fillet or chicken breast, along with some raw or steamed greens like spinach or broccoli. Include a quarter cup of low fat cottage cheese to round things out.

Next 4 days

AM

(1) Acidophilus Plus

PM

(1) Acidophilus Plus

- Continue taking 1 Acidophilus Plus in the morning and night for the next 4 days to re-establish healthy intestinal microflora.

†If pain or discomfort occurs, stop the program immediately and check with your doctor.

NEOLIFE®

HEALTHY BODY DETOX

HELPFUL TIPS
to follow for maximum results during your detox

INCLUDE
Foods with natural detoxifying properties

Artichokes, asparagus, avocados, basil, beets, berries, broccoli, cabbage, coriander, garlic, ginger, grapefruit, green tea, fennel, kale, lemongrass, lemons, olive oil, onions, papaya, parsley, pineapple, seaweed, turmeric, water, watercress, wheatgrass

EXCLUDE
Stuff that won't help you detoxify

Alcohol, being a couch potato, butter, lollies, cold cuts, condiments, creamed veggies, dairy, overeating, processed anything, refined flour, refined sugar, saturated fats, sausages, soft drinks or sugary drinks, starches, sweets, trans fats

GREAT DETOX DRINK RECIPE

- 480 mls water
- 2 tbsp. grated fresh ginger
- 1 whole fresh squeezed lemon
- dash of cayenne pepper (optional)
- 3 tbsp. raw organic honey

Serve hot or cold



WHAT'S NEXT? MAINTAINING CELLULAR HEALTH

Now that you have completed the 3 Day Detox, it's important to maintain ongoing cellular nutrition and energy. Get the perfect start to an energy-filled day with Pro Vitality and NeoLifeShake for breakfast.



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A Great Breakfast

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